

THE contempt BOX

contempt &
entitlement

memory verse: James 1:19-20

DAY ONE:

read: **Matthew 6:19-24**

Entitlement is the feeling that I deserve to be given something (such as special privileges). Think about this quote from Criss Jami, Diotima: *"Man is not, by nature, deserving of all that he wants. When we think that we are automatically entitled to something that is when we start walking all over others to get it."* Do you agree with this quote? If so, how does entitlement affect marriage, parenting, and friendships?

DAY TWO:

read: **Philippians 2:4**

This weekend in the message we discussed the fruit of entitlement as privilege, materialism, greed/excess, resentment, selfishness, manipulation and anxiety. Have you seen evidence of any of these in your personal life or family?

DAY THREE:

read: **Matthew 6:19-21**

What do these verses say about the treasures we store here on earth? Do you find yourself consumed and constantly thinking about or worrying about what you already have? Do you find yourself wanting more than what you have or maybe wanting something someone else has? What does Jesus teach about the condition of the heart? Pray and ask the Holy Spirit to give you a revelation of what is really in your heart.

DAY FOUR:

read: **Matthew 6:22-24**

What do these verses say about ego + expectation vs. reality? Picture yourself trying to drive two cars at one time or be in two places at one time. How does that work? It is the same when we try to have our focus in two places at once. How does contempt affect how you see things? What are some ways you can refocus?

DAY FIVE:

read: **1 Timothy 6:6-7**

This weekend we shared five practices that protect against materialism and entitlement; gratitude, contentment, service, obedience, generosity. What is the greatest challenge for you? What specific step could you take as an individual or a family to address one of these areas?

NEXT STEPS

What would it take to attend Grace Based Marriage-February 6?

Discover your Design—January 28, 6-9pm

Financial Peace-February 9—April 5, Tuesday nights 6:30-9:00pm

Couples Connect—February 14, 7 pm